

"GUARD"EN OF YOUTH

Quarterly NYARNG CYS Newsletter
Issue 19



[New York National Guard Family Programs](#)



[@nyngyouthprogram](#)



nysyouthcoordinators@gmail.com



linktr.ee/NYARNGCYS



dmna.ny.gov/family/youth/

In this Issue:

CONNECT WITH US!

Read below about where you can find our emails, download our app, and find more resources from Child & Youth!

MEET YOUR NEW YOUTH COORDINATORS

Two new coordinators have started at Child & Youth. Get to know them on page two!

UPCOMING PROGRAMMING

Wondering what is to come from the Child & Youth Office? Check out this section!

CONNECT WITH CHILD & YOUTH

Scan our Child & Youth Program QR Code to access our resources in the palm of your hand! By scanning, you will gain access to: NYS Child & Youth Resource Guide, ARNG CYS - Resources for Families, Education & Activity Information for Families, Connect with Family Programs, ARNG CYS Satisfaction Survey & more!



MEET YOUR NEW YOUTH COORDINATORS



Alicia Caldara
Lead Child & Youth Coordinator

Hi Everyone!

I am Alicia Caldara, the new Lead Child & Youth Program Coordinator for New York State.

The majority of my professional experience has been working in rural school districts as a School Counselor.

I am looking forward to supporting youth throughout New York State supporting the ARNG CYS goals of access, opportunity, communication, resilience, and outreach.

In my spare time, I enjoy spending time with family, visiting friends, or finding a fun comedy to binge-watch. The last two years, I have I have also served as a volunteer board member on the Capital District Counseling Association.

I look forward to plan programs for everyone in the near future!



Steffi Munson
Program Child & Youth Coordinator

I am Steffi Munson, the Child and Youth Program Coordinator for New York State.

I have spent most of my professional career experience working at a residential treatment center for adolescent abused youth as a case manager.

I am very excited to be working with military families through out the state to assist families and strengthen the ever ongoing resiliency of our military families, child and youth.

Outside of work I spend alot of time training for Marathons, reading, hiking, and training my Greater Swiss Mountain Dog Ahsoka. Yes she is named from Star Wars.

**ALTHOUGH OUR OFFICE IS
LOCATED IN LATHAM,
WE ARE EXCITED TO WORK
COLLABORATIVELY WITH
FAMILIES & MILITARY FAMILY
READINESS SPECIALISTS
LOCATED THROUGHOUT THE STATE**

TEENS

we need you

Join Teen Council!

THE CHILD & YOUTH PROGRAM IS LOOKING FOR STUDENTS AGE 13-18 TO SERVE ON THE NEW YORK NATIONAL GUARD STATE TEEN PANEL

Join a volunteer group of Guard Teens who participate in leadership symposiums, service learning projects, and plan events such as Yellow Ribbons and assist at events like MRT & Camps

LOOKS GREAT ON RESUMES AND APPLICATIONS!

GUIDELINES

- Minimum 13 years old
- Term ends with graduation of High School
- Must attend 50% of Teen Council Meetings
- Zero Tolerance of drugs & alcohol
- Minimum GPA of 2.5 or 80%

PARTICIPATION

- Trainings & State Events
- Public Relations and Promoting
- Community Service and Volunteering
- Meetings - calls and face to face

EXPECTATIONS

- Teens must check and respond to email
- Must have 15 volunteer hours within New York State Family Programs or related functions
- Seek out partnerships to create with Teen Council
- Express opinions on issues being discussed
- Assist Child & Youth Program Coordinators with Planning of State workshops, symposiums, and trainings



APPLY NOW



What's Happening With CYS

What information can I currently find in the Child & Youth Office?

- **Learn about Child & Youth!**
 - Wonder what Child & Youth does or the opportunities we can provide? Check out our one page hand out!
- **Child & Youth Resource Guide**
 - Find information on the following resources:
 - Childcare
 - Child Growth & Development
 - Educational Resources
 - Opportunities to Build Connection
 - Additional Support Resources
- **Youth Deployment Guide**
 - Deployment Specific Resources
 - Emotional Health Resources
 - School Resources
 - State Specific Resources
 - Regional Resources
- **Activity Packets**
 - Sign up for our email distribution list to receive an activity packet in your email! The 7-series summer packet theme was "Wild About Summer!"

What can I look forward to seeing from the Child & Youth Office?

- **Updated Teen Council Programming**
 - Interested in joining the Teen Council? Contact us today!
- **Virtual Family Recipe Books**
 - Find easy to make, family friendly recipes!
 - Check out our Virtual Recipe Book, and for Social Media Postings of recipes!
- **Virtual/Interactive Classrooms**
 - Soon, find interactive virtual spaces with topics on: aquariums, zoos, museums, fitness, and more!

How can I provide feedback?

- Complete the Parent-Soldier Satisfaction Survey
 - <https://www.surveymonkey.com/r/Soldier-Parent21>
- Complete the Needs Assessment
 - <https://www.surveymonkey.com/r/N-Assess-21>
- Download the ARNG CYS App
 - Google Play Store & Apple App Store:
 - ARNG CYS
- Visit the ARNGCYS Website
 - <https://arngcys.com/>

Have a recipe you love to cook with your family?

Submit it to our

Virtual Recipe Book

and have a chance to be featured in our next newsletter!

<https://linktr.ee/NYARNGCYS>

