

EEO Anti-Harassment & No FEAR Training Instructions

Training required 90 days after the effective date of hire for all newly hired Technicians, and every two years for all federal employees, to include supervisors of federal employees in an AGR or Dual/Non-Dual Technician status. Does not include State or contracted personnel.

Army training module: <https://www.atrrs.army.mil/selfdevctr/>

1. Go to ATRRS Self Development Center website: <https://www.atrrs.army.mil/selfdevctr/>
2. Go to Quick Course Search box on left side of screen.
3. Not a Supervisor: go to Course Number, enter “EEO-203A” and click search button.
4. Supervisors: go to Course Number, enter “ EEO-203B” and click search button.
5. Select CAC login method
6. Complete Registration form and click submit application button
7. You will receive an email confirming registration. Login and complete the course.
8. Upon completion of the training, Supervisors will email State Equal Employment Manager (SEEM) Alisa.Kupinski.mil@army.mil , a Roster of their employees with the following data
 - a. Unit/Organization
 - b. Section
 - c. Name of the member
 - d. Rank or Grade
 - e. Status (T5/T32/AGR Supervisor)
 - f. Date when training was complete

Air Force training module: <https://golearn.csd.disa.mil>

1. Select CAC or Password method
2. Click Course List on left side of home page
3. Click + next to Selected Force Training
4. Select No FEAR Act Training (ZZ133081)
5. Click Take/Resume Course
6. Click No FEAR Act Course
7. After completing the courses, Click No FEAR Act Exam
8. Click Take Exam
9. Upon completion of the training, Supervisors will email State Equal Employment Manager (SEEM) Alisa.Kupinski.mil@army.mil , a Roster of their employees with the following data
 - a. Unit/Organization
 - b. Section
 - c. Name of the member
 - d. Rank or Grade
 - e. Status (T5/T32/AGR Supervisor)
 - f. Date when training was complete